

Hand to Hold's NICU Milestone Beads

Hand to Hold's NICU Milestone Beads celebrate each special step in your family's NICU journey. These beads serve as a reminder of your unique experience and a reflection of your baby's progress.

Baby Name: _____

Birth Date: _____

Parent Name: _____

Parent Name: _____

Week by Week
A beautiful reminder of each week of progress in the NICU.



1 Date: _____	2 Date: _____	3 Date: _____	4 Date: _____	5 Date: _____
6 Date: _____	7 Date: _____	8 Date: _____	9 Date: _____	10 Date: _____
11 Date: _____	12 Date: _____	13 Date: _____	14 Date: _____	15 Date: _____

Pound by Pound
Each precious pound gained is celebrated and remembered.



1 Date: _____	2 Date: _____	3 Date: _____	4 Date: _____	5 Date: _____
6 Date: _____	7 Date: _____	8 Date: _____	9 Date: _____	10 Date: _____

Congratulations



Date: _____

Birthstone



Date: _____

Multiples



Date: _____

First Diaper



Date: _____

Kangaroo Care



Date: _____

First Hold



Date: _____

First Bath



Date: _____

First Clothes



Date: _____

First Feeding



Date: _____

Room Air



Date: _____

Open Crib



Date: _____

Sibling



Date: _____

Support Group



Date: _____

Discharge Class



Date: _____

Home Sweet Home



Date: _____